

Protective Behaviours

Protective Behaviours is a system that teaches a range of knowledge and skills that helps keep kids safe.

It is underpinned by two themes:

1. We all the right to feel safe and be safe all the time
2. We can tell a safe adult anything, no matter what



COMMON KNOWLEDGE AREAS

- ♥ Feelings
- ♥ Physical and Emotional Safety
- ♥ Warning signs/ Body Clues
- ♥ Risk Continuum
- ♥ Choice & Control
- ♥ Private Body Parts
- ♥ Consent
- ♥ Body Boundries
- ♥ Safe Secrets (surprise) and Unsafe Secrets
- ♥ Safety Team

SKILLS

Understand the safety messages from our knowledge areas and this helps us:

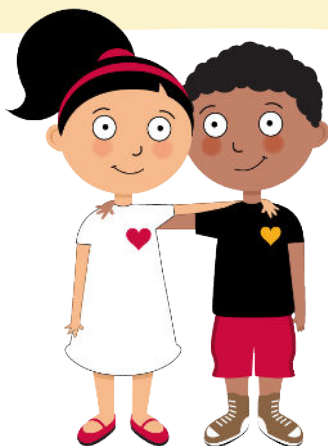
RECOGNISE risky and unsafe situations.

REACT (in the moment) to risky and unsafe situations with:

- Clear language
- Assertiveness

REPORT feelings of unsafety or unsafe behaviours to a safe adult.

- Clear language
- Persistence
- Assertiveness



Learn to Be Safe with
Emmy & Friends