

Who is Act for Kids?

Act for Kids is a for-purpose organisation that delivers evidence-based professional therapy and support services for infants through to adolescents who have experienced or are at risk of experiencing child trauma.

Since 1988 we have supported thousands of children and their families to access a variety of therapies to re-build their lives following stress and adversity and develop positive family relationships.



We work with children and families to:

- ♥ ensure their safety.
- ♥ understand their difficulties.
- ♥ identify and explore strengths and resources.
- ♥ support all aspects of development – emotional, social, sensory, communication, cognitive and motor areas.
- ♥ find new ways of coping in times of stress.

How to reach Act for Kids Integrated Therapy Service

If you have any questions or would like to refer a child for counselling and support, please call us directly to discuss a referral.

SUNSHINE COAST INTEGRATED THERAPY SERVICE CONTACT

Level 1, 102-104 Howard Street
Nambour QLD 4560

Phone: 07 5451 8250

Email: SunshineCoastITS@actforkids.com.au



Integrated Therapy Service

Our Integrated Therapy Service (ITS) supports infants, children, young people and their families who have experienced trauma, or who are at risk of harm.



Learn more at actforkids.com.au



ITS/DL
25/01



What is the Act for Kids Integrated Therapy Service?

Integrated means we offer a variety of therapies to children and families so they can reach their full potential.

We provide holistic, trauma-informed, developmental-focused therapeutic services to children and families to create lasting impacts.

By leveraging multi-disciplinary teams, evidence-based frameworks, and a focus on growth and sustainability, ITS continues to expand its reach and impact, aiming for safer, healthier, and happier outcomes for all.



Our integrated therapy clinicians are highly-trained allied health professionals who come from a variety of disciplines to support specialist assessment and therapeutic interventions.

What makes us different?

- ♥ We make an effort to understand how the child's experiences have impacted their development.
- ♥ We recognise that all behaviour serves a function.
- ♥ We recognise that different therapies are helpful at different times in the child's life. Therapy must be relational, and in the right sequence.
- ♥ We want to understand and support the parents' or carers' own emotional well-being, resilience, strengths and resources.

Who can access our service?

We accept referrals for children aged 0-17 and their families who have experienced relational or developmental trauma.

These children will demonstrate functional complexities in multiple environments and reside in the Sunshine Coast region.

“Our service will work with the whole system around the child to create better understanding and support.”

Our model

We provide multi-disciplinary assessments and therapeutic interventions for children and young people who are impacted by trauma.

This model adopts a trauma-informed and child and family-centred approach through a trauma-informed care framework.

Trauma-informed care is a service delivery approach grounded in knowledge and understanding of how trauma affects people's lives and shapes their service needs. These needs may include:

- ♥ Comprehensive assessments,
- ♥ Psychoeducation,
- ♥ Dyadic therapies.
- ♥ Play therapies,
- ♥ Neuro-based therapies, and
- ♥ Discipline specific assessments and interventions (if required).

